Belize Fast Facts

**CAPITAL:**
Belmopan

**OFFICIAL LANGUAGE:**
English. Belize is the only country in Central America where English is the official language.

**CURRENCY:**
Belize dollar (BZD), fixed exchange rate of BZD $2 to USD $1

**ETHNIC GROUPS:**
Creole, Garifuna, Mestizo, Maya, English, Mennonite, Lebanese, Chinese and East Indian

**POPULATION:**
397,483 (2022 estimate)

**SIZE:**
8,867 square miles, including 266 square miles of islands

**INDEPENDENCE:**
September 21, 1981

**GOVERNMENT TYPE:**
Parliamentary Democracy, part of the British Commonwealth

**PHONE CODE:**
International access code - 011

**TIME:**
CST (however, Daylight Savings Time is not observed, as it is in the United States Central Standard Time Zone)

**LOCATION:**
Belize lies on the east coast of Central America in the heart of the Caribbean Basin. It borders Mexico to the north, Guatemala to the west and the south, and is flanked by the Caribbean Sea to the east.

**CLIMATE:**
Subtropical with a prevailing wind from the Caribbean Sea. Average winter: 75° F. Average summer: 81° F. Annual rainfall ranges from 50 inches in the north to 170 inches in the south.